



PO Box 717 Runaway Bay QLD 4216

## **JUNIOR RACING ASSESSMENT GUIDELINES**

These Written and Practical Assessments are required to access the Race knowledge, Competency and Skill level of the Named Applicant to qualify for an AJSBA Junior Race license progression...

<b>Name Of Applicant</b>	
<b>Club</b>	
<b>President or Race Director</b>	
<b>Assessment dates</b>	

**Written Part 1a**  
**Assessment to be completed by Applicant**  
**Please Answer the following Questions (President or Race Director to Mark and Sign off).**

<b>Which type of Safety Equipment must be worn when racing?</b>	
<b>What type of PWC are Juniors allowed to Ride?</b>	
<b>Which way do you turn at a yellow buoy?</b>	
<b>Which way do you turn at a Red buoy?</b>	
<b>What piece of Safety equipment must be attached to you which cuts the engine if you fa</b>	
<b>What will you do if you miss a buoy?</b>	
<b>What do you do when you're slowing down?</b>	
<b>What do you do when you're getting lapped by a faster rider?</b>	
<b>Why is "Holding your Race Line" important</b>	

<b>Where are the brakes on your Jet Ski?</b>		
<b>What's important to remember when your about to fall off?</b>		
<b>What's important to remember once in the water Swimming?</b>		
<b>Draw a line to the correct Flag Color?</b>	Caution on track Safely stop racing and go to Race Director One more lap to go You are being lapped Race Stopped Race Finished	Red White Yellow Chequered Black Blue with diagonal yellow Stripe
<b>On race day who is in charge of the race track?</b>		
<b>All riders must attend a meeting before practice, What is the purpose of this?</b>		
<b>After practice if you are unsure of the Race track, What must you do?</b>		
<b>On the start line what actually starts the Race (Please circle one)</b>	<b>A. 2 1 Board      B. Lights      C. Bungee</b>	
<b>How long must you stay in a straight line (Hold your line) after the race starts?</b>		
<b>What must you do when you have finishes your race and other people are still racing?</b>		
<b>OFFICIAL USE ONLY</b>		
<b>Total for Written Test</b>		
<b>Date of Test</b>		
<b>Name of Race Director</b>		
<b>Signature of Race Director</b>		



**Practical Part 1b  
Junior Competition Licence Assessment. FLATWATER  
To be completed on the Water with Ski in the presence of Race Director, Experienced Adult Ski racer & legal Guardian/Parent.**

The Intent of the AJSBA Junior License competency assessment is to gauge levels of Skills and competency of potential junior riders under simulated competitive race day & conditions..

Assessment Criteria	Competent	Not Yet Competent
Ask Junior rider to explain their mandatory Personal protective safety apparel and correct fitting of.		
Ask Junior Rider to explain the Ski's Safety systems and mechanisms.		
Simulate pre-race briefing then ask Junior Rider Spot Questions.		
Simulate Rider Down Rescue and Recovery procedures in the water with Ski and rescue craft.		
Racing Simulations with experienced rider		
1. General Bouy course awareness.		
2. General riding Technique.		
3. Holding Race lines under pressure.		
4. Holding Race lines under endurance after 5 to 6 laps.		
5. Multiple simulated race passing maneuvers, ability to hold line under these pressures.		

Date of Practical Assessment	
Competent or Not yet	
Name of Race Director	Signature
Name of Parent / Guardian	Signature



**Practical Part 2  
Junior Competition Licence Assessment. SURF  
To be completed on the Water with Ski in the presence of Race Director, experienced Adult Ski racer & legal Guardian/Parent**

The Intent of the Junior Surf License competency assessment is to gauge potential junior Surf Ski rider's levels of Surf Awareness under competitive skills, speed and endurance ....  
It is envisaged that these Junior Ski Riders have acute Wave Zone riding experience and have had Multiple race riding experiences and race Training Development hours in the Surf.  
**To be assessed either competent or not yet competent**

<b>Assessment Criteria</b>	<b>Competent</b>	<b>Not Yet Competent</b>
Safe Ski handling & launching in Shore break zone.		
Beach Starts Competencies.		
Wave Energy Awareness, Timing, abilities		
Rider Down Rescue & Recovery Training in High energy zone. Swimming abilities and competencies in High Energy Zones.		
Holding Race lines under extreme competitive race performance pressures through high energy wave zones.		
Gauge Fatigue Fitness After 6 laps.		
Gauge fatigue Fitness After 10 laps.		
Multiple simulated race passing maneuvers, ability to hold line under these close quarter pressures after 10 laps, fatigue testing through high energy wave zones.		

Date of Practical Assessment	
Competent or Not yet	
Name of Race Director	Signature
Name of Parent / Guardian	Signature



**Practical Part 3  
Junior Competition ELITE Licence Assessment. FLATWATER  
To be completed on the Water with Ski in the presence of Race Director, Nationally  
Ranked Ski Rider & legal Guardian/Parent...**

The Intent of the Junior Elite Rider License is the **Safe** Progression of the Junior Ski rider to his/hers highest competitive potential.

The Junior Elite competency assessment will gauge the riders levels of skill, speed, race smarts, awareness and endurance against the current required levels for Safe Progression into Junior Elite Rider Status in Australia.

The Riders level of Speed, Performance, Fitness & Abilities is to be assessed and baselined against similar skills, speed and endurance of current adult Australian top 10 Pro Rider.

It is envisaged that these Junior Elite Riders are the highest performing Junior Ski Athletes of their respective State / Clubs and have had Multiple race riding experiences and race Training Development hours.

<b>Assessment Criteria</b>	<b>Competent</b>	<b>Not Yet Competent</b>
<b>Racing Simulations with Nationally Ranked Pro Ski Rider.</b>		
<b>Specific riding Techniques Switch footing abilities, cornering performance both directions multiple corner types.</b>		
<b>Holding Race lines under extreme competitive race performance pressures, close quarter bouy scenarios</b>		
<b>After 8 laps.</b>		
<b>After 12 laps.</b>		
<b>Multiple simulated race passing maneuvers, ability to hold line under these close quarter pressures after 12 laps with fatigue testing .</b>		

<b>Date of Practical Assessment Competent or Not yet</b>	
<b>Name of Race Director</b>	<b>Signature</b>
<b>Name of Ranked Ski Rider</b>	<b>Signature</b>
<b>Name of Parent / Guardian</b>	<b>Signature</b>



**Part A**  
**Junior Ski 1<sup>st</sup> time License**  
**To be completed on the Water with Ski in the presence of Clubs Junior Development Coordinator or assistant & legal Guardian/Parent...**

The Intent of the Junior Recreational License and first time rider's checklist guide is the safe progression of potential Junior riders into the Sport of Ski Riding and racing.  
 The checklist is a progressive guide

<b>Checklist</b>		
<b>Water familiarity, confidence, ability to swim</b>		
<b>Confirm any experience or understanding of throttle control principles</b>		
<b>Explain importance, correct fitting and mandatory wearing of required PPE</b>		
<b>Explain Ski Safety systems and mechanisms</b> <b>Start/stop</b> <b>Fuel switches, choke</b> <b>Jet Unit dangers</b> <b>Pole, bars steering, bow, stern, deck, hull,</b> <b>ride plate scoop grate</b> <b>ask the junior to lanyard test etc</b>		
<b>Explain Show and re-enact deep water start procedures</b>		
<b>Explain Show and re-enact engine start, throttle blip and lanyard pull</b>		
<b>Explain Ride area Limits, expectations on Speed, safety marshals job</b>		
<b>Guide new rider whilst riding alongside on Area and speed Limitations</b>		
<b>Bouy Course Training 1 on 1 strictly supervised before multiple course rider involvement</b>		